

Storybook with Pictures

PBP: *Provide access to a variety of resource materials regarding conditions discussed*

Map Phase: Pre-Admission

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In developing the preadmission phase of the map, focus groups were held with graduate and current NICU families. Many families commented that the story boards written by NICU graduate families were comforting and inspirational. These boards, located in the hall outside the NICU, are not accessible to mothers on bed rest. Families also expressed that they felt nervous and scared coming into the NICU for the first time to see their new born infant(s). We asked the families if they would like to have the NICU graduate stories in a book that would be easily accessible and portable. We also asked the families if they would find comfort in being shown pictures of infants who would resemble their infant in order to prepare them for seeing their infant(s) for the first time. The focus group families liked both ideas so we decided to put one book together that would meet the needs of future NICU families. The completed book will be trialed with families and subsequently be made available for all families admitted to the high risk antenatal floor and NICU.